

Put Off... Put On

Put Off	<i>Scriptural Insight</i>	Put On
1. Lack of love	1 John 4:7-8, 20	John 15:12 Love
2. Judging	Matthew 7:1-2	John 8:9; 15:22 . . . Let God search my heart
3. Bitterness	Hebrews 12:15	Ephesians 4:32 . . . Tenderhearted and forgiving
4. Unforgiving spirit	Mark 11:26	Colossians 3:13 Forgiving spirit
5. Selfishness	Philippians 2:21	John 12:24 Self-denial
6. Pride	Proverbs 16:5	James 4:6 Humility
7. Boasting (conceit) .	1 Corinthians 4:7	Philippians 2:3 Esteeming others
8. Stubbornness	1 Samuel 15:23	Romans 6:13 Brokenness
9. Disrespect for authority . .	Acts 23:5	Hebrews 13:17 Honor authority
10. Rebellion	1 Samuel 15:23	Hebrews 13:17 Submission
11. Disobedience	1 Samuel 12:15	Deuteronomy 11:27 Obedience
12. Impatience	James 1:2-4	Hebrews 10:36 Patience
13. Ungratefulness	Romans 1:21	Ephesians 5:20 Gratefulness
14. Covetousness	Luke 12:15	Hebrews 13:5 Contentment
15. Discontent	Hebrews 13:5	1 Timothy 6:8 Contentment
16. Murmuring/ complaining	Philippians 2:14	Hebrews 13:15 Praise
17. Irritation to others . .	Galatians 5:26	Philippians 2:3-4 Preferring in love
18. Jealousy	Galatians 5:26	1 Corinthians 13:4 Trust
19. Strife/contention . .	Proverbs 13:10	James 3:17 Peace
20. Retaliation (getting even)	Proverbs 24:29	Romans 12:19-20 Return good for evil

21. **Losing temper**Proverbs 25:28 Proverbs 16:32 **Self-control**
22. **Anger** Proverbs 29:22 Galatians 5:22-23 **Self-control**
23. **Wrath** James 1:19-20 Proverbs 15:1 **Soft answer**
24. **Easily irritated** . . 1 Corinthians 13:5 Proverbs 19:11 . . . **Not easily provoked**
25. **Hatred** Matthew 5:21-22 1 Corinthians 13:3 **Love**
26. **Murder** Exodus 20:13 Romans 13:10 **Love**
27. **Gossip** 1 Timothy 5:13 Ephesians 4:29 **Edifying speech**
28. **Evil speaking**James 4:11 Proverbs 15:30 **Good report**
29. **Critical spirit**Galatians 5:15 Colossians 3:12 **Kindness**
30. **Lying** Ephesians 4:25 Zechariah 8:16 **Speak truth**
31. **Profanity** Proverbs 4:24 Proverbs 15:4 **Pure speech**
32. **Idle words**Matthew 12:36 Proverbs 21:23 **Bridle tongue**
33. **Wrong motives** 1 Samuel 16:7 1 Corinthians 10:31 . . **Spiritual motives**
34. **Evil thoughts**Matthew 15:19-20 Philippians 4:8 **Pure thoughts**
35. **Complacency** Revelation 3:15 Revelation 3:19 **Zeal**
36. **Laziness**Proverbs 20:4 Proverbs 6:6-11 **Diligence**
37. **Slothfulness**Proverbs 18:9 Colossians 3:23 **Wholeheartedness**
(not doing best)
38. **Hypocrisy** Job 8:13 1 Thessalonians 2:3 **Sincerity**
39. **Idolatry** Deuteronomy 11:16 Colossians 1:18 **Worship God only**
40. **Left first love**Revelation 2:4 Revelation 2:5 **Fervent devotion**

41. **Lack of rejoicing** Philipians 4:4 1 Thessalonians 5:18 **Rejoice always**
42. **Worry/fear** Matthew 6:25-32 1 Peter 5:7 **Trust**
43. **Unbelief** Hebrews 3:12 Hebrews 11:1, 6 **Faith**
44. **Unfaithfulness** Proverbs 25:19 Luke 16:10-12 **Faithfulness**
45. **Neglect of Bible study** . 2 Timothy 3:14-17 Psalm 1:2 **Bible study/ meditation**
46. **Prayerlessness** Luke 18:1 Matthew 26:41 **Praying**
47. **No burden for the lost** Matthew 9:36-38 Acts 1:8 **Compassion/witnessing the lost**
48. **Burying talents** Luke 12:48 1 Corinthians 4:2 . . **Developing abilities**
49. **Irresponsibility (family/work)** Luke 16:12 Luke 16:10 **Responsibility**
50. **Procrastination** Proverbs 10:5 Proverbs 27:1 **Diligence**
51. **Irreverence in church** Ecclesiastes 5:1 Psalm 89:7 **Reverence**
52. **Inhospitable** 1 Peter 4:9 Romans 12:13 **Hospitable**
53. **Cheating** 2 Corinthians 4:2 2 Corinthians 8:21 **Honesty**
54. **Stealing** Proverbs 29:24 Ephesians 4:28 **Working/giving**
55. **Lack of moderation** Proverbs 11:1 1 Corinthians 9:25 **Temperance**
56. **Gluttony** Proverbs 23:21 1 Corinthians 9:27 **Discipline**
57. **Wrong friends** Psalm 1:1 Proverbs 13:20 **Godly friends**
58. **Temporal values** Matthew 6:19-21 2 Corinthians 4:18 **Eternal values**
59. **Love of money/ greed** 1 Timothy 6:9-10 Matthew 6:33 **Love of God**

- 60. **Stinginess** 1 John 3:17 Proverbs 11:24-25 **Generosity**
- 61. **Moral impurity** . 1 Thessalonians 4:7 1 Thessalonians 4:4 **Moral purity**
- 62. **Fornication** 1 Corinthians 6:18 1 Thessalonians 4:3 **Abstinence**
- 63. **Lust** 1 Peter 2:11 Titus 2:12 **Pure desires**
- 64. **Adultery** Matthew 5:27-28 Proverbs 5:14-19 **Marital fidelity**
- 65. **Homosexuality** Leviticus 18:22 1 Thessalonians 4:4-5 **Moral purity**
- 66. **Incest** Leviticus 18:6 1 Corinthians 7:2, 5 **Moral purity**
- 67. **Pornography** Psalm 101:3 Philippians 4:8 **Pure thoughts**
- 68. **Immodest dress** Proverbs 7:10 1 Timothy 2:9 **Modesty**
- 69. **Flirtation** Proverbs 7:21 1 Peter 3:4 **Gentle, quiet spirit**
- 70. **Worldly enter- Proverbs 21:17 Galatians 5:16 Spiritual pursuits**
tainment
- 71. **Fleshly music** Ephesians 4:29-30 Ephesians 5:19 **Edifying music**
- 72. **Bodily harm** . . 1 Corinthians 3:16-17 1 Corinthians 6:19-20 **Glorify God**
in body
- 73. **Alcoholism** Proverbs 20:1 Proverbs 23:30 **Abstinence**
- 74. **Following the Proverbs 1:10 Proverbs 3:7 God-fearing**
crowd
- 75. **Witchcraft/ . . Deuteronomy 18:10-11 Deuteronomy 6:5 Worship of God**
astrology/horoscopes
- 76. **Gambling** Proverbs 28:20, 22 Luke 16:11 **Good stewardship**
- 77. **Preferential treatment** . James 2:1-9 Luke 6:31 **Love neighbor as self**
- 78. **Presumption on Proverbs 27:1 James 4:14-16 Trust God's will**
the future